

YOGA AND PSYCHOTHERAPY ASSOCIATION OF INDIA (YPAI)



Objectives

1. To conduct or help in conducting research in Yoga and Psychotherapy.
2. To edit or get edited books on Yoga and Psychotherapy.
3. To prepare and publish books/journals and other literature on Yoga and Psychotherapy.
4. To organize seminars/lectures and conduct short term workshops and provide facilities for training individuals or groups of individuals in Yoga and Psychotherapy in India and abroad.
5. To establish contacts and co - operate with the individuals and associations or organization working in the field of Yoga and Psychotherapy in different aspect.
6. To give adequate guidance to the individuals and groups in the Yogic and Psychotherapeutic way.
7. To conduct co - correspondence course in Yoga and Psychotherapy of One months/Three months and above.

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